

# Developing a Growth Mindset

A Teaching Presentation by Marisa D. Webster



## Class Overview

In this class, students will learn what our mindset is and why it's important. We will also learn about the growth mindset and the fixed mindset. Having a growth mindset is believing that you can improve at anything!! And knowing that to achieve that growth, you must be willing to put in effort. Having a fixed mindset is the opposite; believing that you can't improve at anything, and feeling like when it comes to talent and skill nothing will ever change. I am determined to teach children to believe in their ability to grow and encourage them to work hard to achieve their goals!

## Class Objectives

1. Define what mindset means.
2. Discuss the growth mindset.
3. Discuss the fixed-mindset.
4. Explain the true purpose of challenges (that they help us to grow!).
5. Discuss all of the things that we can do to help us to grow.
6. Share tips that can help us in developing a growth mindset.

(Total class duration is about 45 minutes.)

## In-Person Class Materials

- If possible, I would love to use a screen to project my slide show presentation. However, if this resource is not available in the teaching space that is fine I can teach the class without it!
- A printer to print handouts for the students.
- A dry erase board if possible.
- Paper and pencils for the students.

## Virtual Class Materials

- Students will need a computer or any electronic device that can display video.
- Pencil and paper to take notes.
- Access to the Zoom application.

## Testimonials

“My son told me he really liked this class and the teacher! He could explain to me what a growth mindset is with great examples from our daily life :)”

I highly recommend this class!!!”

-Carina K.

“Great teacher! Wonderful with the kids. My son actively participated, and the material was presented in a way that was very engaging and easy to understand. Recommend!”

-A.L

“Fantastic class! My daughter got a lot out of it and also really loved the teacher.”

-Amanda S.

## **About Me**

My name is Marisa Webster, I am a trumpeter, composer, and educator from Jacksonville, FL. I graduated from Douglas Anderson School of the Arts, received my bachelor’s degree in music with a minor in entrepreneurship from Florida State University, and a masters’ degree in Jazz Studies from Temple University. Being a musician, I’ve had to persevere through many different challenges in order to improve my skills. In my experience I’ve had to learn that talent is a skill like any other that can be developed over time with hard work and commitment. I’ve learned that I truly can improve at anything, and that challenges not only help me to grow but make me stronger in the end. Growth-mindset is a topic that I am very passionate about! I hope to inspire others to believe that they can improve at anything, because it’s true!

## **Booking and Rates**

Thank you for reviewing my class proposal!

If you are interested in booking the class, please contact me by the email address listed below and we can discuss scheduling a class date!

**Individual student rate:** \$10 per student

**Group class rate:** Please contact me and I would be happy to discuss compensation

## **Contact Information**

[Marisadwebstermusic@gmail.com](mailto:Marisadwebstermusic@gmail.com)